

All the latest Stroke Improvement  
news and views . . . **FIRST**



**eBULLETIN**  
**strokeimprovement**

NHS Improvement

[www.improvement.nhs.uk/stroke](http://www.improvement.nhs.uk/stroke)

Delivering tomorrow's improvement  
agenda for the NHS



*This eBulletin is produced by the Stroke Improvement Programme and is available for information to anyone working in health care, social care or the voluntary sector with an interest in stroke. It is provided on an opt-in basis, and to subscribe or unsubscribe, please contact [Anne Coleman](#)*

## Issue 64: 25 October 2010

### Social care for stroke

#### Case studies

The Stroke Improvement Programme (SIP) held the second Social Care for Stroke meeting this month. The group have agreed to collect and share their stories about how the stroke social care grant has been used in their areas through the [social care for stroke resources page](#) on the SIP website. If you have a case study to share, please complete the [case study template](#) and return to [Helen O'Kelly](#).

#### Next meeting

A further meeting of the Social Care for Stroke group will be held on 08 March 2011 to share good practice examples. Please contact [Anne Coleman](#) if you would like to get involved.

### 'How to' guides for stroke

#### 1000 Lives Plus – a new national programme to improve Welsh healthcare

Part of the 1000 Lives Plus programme is looking at improving stroke services to reduce the number of people who have a stroke, reduce the morbidity following a stroke and facilitate quicker functional recovery and discharge home. This programme area is the second year of stroke services improvement work, which builds on the improvements achieved in acute stroke services as part of the All Wales Stroke Services Improvement Collaborative (AWSSIC) in 2008/09.

As part of this programme of work, the team have produced three 'how to' guides on improving the reliability of acute stroke care, improving early rehabilitation and improving reliability of TIA services. To download the guides, please visit the [1000 Lives Plus website](#).

### Patient Opinion

#### Now available through your television

Patient Opinion is now available to millions of people who don't have computers, through the magic of digital TV. Patient Opinion has teamed up with Looking Local, a service which is used by 125 local authorities to bring information to people through their Sky or Virgin TV system.

If you would like more information about what Patient Opinion does, please click [here](#).

### **Patient, carer and public involvement in the NIHR SRN 2010 report now available**

Patient, carer and public involvement is a key component of all research activity undertaken by the National Institute for Health Research (NIHR) Stroke Research Network (SRN). This report aims to describe some of the good practices which are occurring throughout the NIHR SRN supported by case studies of evidence of impact.

For further information or to receive a copy of the report please contact, [Zena Jones](#), PCPI Manager or visit the [NIHR SRN website](#).

### **News from the networks**

#### **Newsletters**

Please click on the following links to view the latest news and updates from the cardiac and stroke networks:

- [North Central London Cardiac and Stroke Network newsletter, Autumn 2010](#)
- [Cardiac and Stroke Networks in Lancashire & Cumbria newsletter, October 2010](#)
- [Cardiac and Stroke Networks in Lancashire & Cumbria telestroke ebulletin, issue 2](#)

### **FAST Football Kit Competition Kicks off in Lancashire & Cumbria**

The Cardiac and Stroke Networks in Lancashire & Cumbria are partnering with The Stroke Association to raise awareness of stroke, the FAST test and the need for physical activity to help reduce the chances of a stroke. The awareness raising campaign consists of a competition for two U16 school football teams to win a new FAST branded football kit and is open to schools in the Lancashire or Cumbria area.

To find out more, please click [here](#). The competition closes on 12 November 2010.

### **Kent Cardiovascular Network wins NHS Health and Social Care Award**

The Kent Cardiovascular Network was voted the regional winner of the NHS Health and Social Care Award at a ceremony in Brighton last week, attended by the NHS Chief Executive David Nicholson. The network has overseen the implementation of the primary angioplasty project across Kent and Medway, working closely with colleagues in the acute hospitals, NHS

Eastern and Coastal Kent, East Kent Hospital's University Foundation Trust and South East Coast Ambulance Service.

### **New Clinical Lead for Stroke Medicine for South East Coast SHA**

Dr David Hargroves has taken up a new regional role as Clinical Lead for Stroke Medicine for South East Coast Strategic Health Authority. He will be supporting improvements in stroke services across Surrey, Sussex and Kent.

### **Thank you!**

#### **Damian completes The Royal Parks Half Marathon**

Dr Damian Jenkinson, National Clinical Lead for the Stroke Improvement Programme, completed The Royal Parks Half Marathon on Sunday 10 October in 1 hour 54 minutes. Damian would like to thank those who sponsored him, raising an amazing £1191 for Connect – the communication disability network. Well done Damian!

### **External Training and Events**

#### **Hyperacute Stroke in the District General Hospital course**

**Wednesday 03 to Thursday 04 November 10, Park Inn Palace Hotel, Southend-on-Sea**

This course has been created and tailored by Southend University Hospital NHS Foundation Trust to assist District General Hospital Stroke Physicians in optimising their own local services and improving thrombolysis rates in acute ischaemic stroke. For a full programme of the course and application form, please click [here](#).

#### **Stroke prevention in primary care**

**Monday 08 November 10, University of Birmingham**

The course aims to provide an overview of evidence based management of people with a history of stroke or transient ischaemic attack (TIA) in primary care, including the acute management of TIA. To find out more, please click [here](#).

#### **Making communication access a reality (Connect course)**

**Wednesday 10 to Thursday 11 November 2010, London**

Learn how to make your interactions, documents and environment accessible to people with communication disability. Developed with people with communication disability, the comprehensive toolkit gives you the skills to train your whole team. To find out more, please visit the [Connect website](#).

#### **Life After Stroke – South of England Stroke Nursing Forum Conference**

**Friday 12 November 10, Holiday Inn, Fareham**

The South of England Stroke Nursing Forum are holding their fifth annual

conference on Friday 12 November 10. Topics will include post stroke urinary incontinence, psychological issues post stroke, carotid stenosis management, stroke in residential care and a number of workshops. A [draft programme](#) is available, along with a [flyer](#) for the conference. Please click [here](#) for an application form to attend.

### **5<sup>th</sup> UK Stroke Forum Conference**

**Tuesday 30 November to Thursday 02 December 2010, SECC, Glasgow**

The programme for the 5<sup>th</sup> UK Stroke Forum Conference is now online. As in 2009, the Stroke Improvement Programme is a UKSF member so directors, managers and employees of the [28 stroke networks](#) qualify for the reduced UKSF member delegate rate. The closing date for pre-registration is Tuesday 23 November. For more information, please visit the [website](#)

### **Want to publicise your event?**

If so, please email [bulletin](#) with all the details. We are happy to publicise relevant not-for-profit events run by NHS, social care or charitable organisations.

### **Hot off the Press**

#### **BBC**

[Diabetes and obesity rates on the rise, warns charity](#)

The number of people with diabetes in the UK has risen by around 5% in the past year, says a health charity.

['Better heartcare could save NHS millions' – charities](#)

A new report claims better care for those with irregular heartbeats could save the NHS in Wales millions each year.

#### **NHS Evidence**

[Spending Review 2010 resource page](#)

Brings together the main Spending Review documents alongside press comment and coverage; opinion and analysis; and related reports and evidence.

[Percutaneous vascular interventions for acute ischaemic stroke](#)

Trials to assess the safety and efficacy of percutaneous vascular interventions in patients with acute ischaemic stroke.

#### **NHS Evidence - stroke**

A practical library of high quality, evidence-based resources for people working in the field of stroke: [www.library.nhs.uk/stroke](http://www.library.nhs.uk/stroke)

**Information for stroke survivors, carers and members of the public**

[NHS Choices - stroke](#) - the NHS information resource on stroke and TIA

[The Stroke Association](#) - information, support and news from The Stroke Association

[Different Strokes](#) – information and support for younger stroke survivors

[Connect](#) – information and support for people with aphasia

[Crossroads Care](#) – Information for carers and stroke survivors about breaks and practical help at home

---

This bulletin is provided for anyone working with, or interested in, stroke and TIA issues and services in England. It is provided on an opt-in basis. If you received this email in error or no longer want to receive the bulletin, please email [anne.coleman@improvement.nhs.uk](mailto:anne.coleman@improvement.nhs.uk) with the words 'unsubscribe bulletin' in the subject line.

**Disclaimer:** The content of this bulletin does not necessarily reflect the views of the NHS Stroke Improvement Programme, but is provided as a rapid information service for staff involved in stroke improvement. All links from this bulletin are provided for information only. A link does not imply endorsement of that site. We do not accept responsibility for the sites linked to, or the information displayed there.

**Who are we?**

The NHS Stroke Improvement Programme (SIP) supports the implementation of the National Stroke Strategy and the development of Stroke Care Networks. SIP works closely with NHS and social care staff, the Department of Health and the voluntary sector. SIP is part of NHS Improvement. NHS Improvement is a national programme, working with clinical networks and NHS Organisations to transform, deliver and sustain improvements across the entire pathway of care in cancer, heart, diagnostics and stroke services.